Weekly Word



A Publication of Gloria Dei Lutheran Church, Urbandale, Iowa

January 30 and 31, 2010

The Fourth Sunday after the Epiphany

More Than Words

by Pastor Robarge, Director of Adult Ministry and Associate Pastor

"Sticks and stones may break my bones, but words will never hurt me!" This familiar phrase was used on the playground when I was a kid. I don't know if children still say these words today or if they have finally figured out that this phrase is false. Sticks and stones may hurt our bodies on the outside, but words can actually crush us on the inside.

The Bible teaches us the importance of words:

Reckless words pierce like a sword, but the tongue of the wise brings healing. Proverbs 12:18

Pleasant words are a honeycomb, sweet to the soul and healing to the bones. Proverbs 16:24

Words can be powerful. Think about a crowded room of people when someone yells, "Fire!" That one word can send people into chaos and probably end up hurting others if they have no way of getting out. Select one word and place it in front of another, and you have unlimited possibilities. To complicate communication, there are at least 171,476 English words to use along with the 9,500 derivative words. So, we have a huge pool of ammunition to choose from.

Jesus spoke to the Pharisees about their words in Matthew 12:36-37: "But I tell you that men will have to give account on the day of judgment for every careless word they have spoken. For by your words you will be acquitted, and by your words you will be condemned." Jesus knows the power of words and he warns those supposed teachers that they need watch what they say.

So, how should we use our words? Again, the Bible gives us clear direction:

Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ. Ephesians 4:15

We need to speak the truth in love. As we continue in our "Constructive Conflict" series, we will explore speaking the truth in love. And if you are like me, that is not an easy feat. Oftentimes, our words can be the very reason for the conflict. In other words (get the pun?), they often cause or worsen the conflict. We will also see how our words can bring about a positive and healthy outcome when love is our motivator. Speaking truthful words with a loving attitude go hand in hand. How do we speak truth when conflicts arise? Are our words big enough to match our love? Or is our love big enough to match our words? It's a balancing act, and we need help!

After today's message, take some time with your family or in your small group to reflect on the questions from the enclosed blue insert. We pray that by talking through these issues, it will help you (and me) to use words wisely.

Index Adult 6 Calendar 10-11 Children 8 News 1-7 Tiny Treasures 8 Welcome 12 Youth 9

Haiti Relief Effort

We are actively seeking ways to help relieve the suffering from the earthquake in Haiti. See pages 7 and 8 for details on how to get involved.



Kitchen ministry

Pampered Chef and Tupperware party Sunday, Jan. 31 from 8 a.m. to noon. See page 8 for details.

Women's Bible Connections

Women are invited to a time of fellowship, worship and Bible study on Mondays. See page 6.

Women of Faith Conference

We have discounted tickets for the Women of Faith Conference March 12-13. Check out page 5.

Adult Ministry Highlight

Read about the heart behind the Adult Ministry. Check out page 6.

Soles for Souls

Tiny Treasures is collecting shoes for Haiti. See page 8.

Think Spring

As the cold continues, we thought publishing the schedule of our Holy Week and Easter worship services would warm you up.

Maundy Thursday, April 1

Traditional Service in the Sanctuary 6 p.m.

7:30 p.m. Contemporary Blend Service in the Sanctuary

Good Friday, April 2

H3 in the Family Life Center 4:30 p.m.

6 p.m. Traditional Service in the Sanctuary Contemporary Blend in the Sanctuary 7:30 p.m.

Saturday, April 3

5:30 p.m. Contemporary in the Family Life Center

Contemporary Blend Service in the Sanctuary 7 p.m.

Easter Sunday, April 4

7:30 a.m. Traditional Service in the Sanctuary 9 a.m. Traditional Service in the Sanctuary 9 a.m. H3 Service in the Family Life Center 10:30 a.m. Contemporary Service in the Sanctuary

A little bit about a lot of things

This column written by Bill Jesse, Executive Director, gives an account of some of the specifics that are handled in the church office. Our hope is that it will inform you of some of the essential, and oftentimes, fun details of running the church. Besides, it may cause you to smile and think, "Wow, I didn't know that!"

Ministry partners are the lifeblood for the activities and programs at Gloria Dei. Opportunities to serve are plentiful and can appeal to a wide variety of talents and skills. All of Gloria Dei's directors are passionate about engaging members in ministry. Below is a list of some of the ways members are serving:

Did you know nearly 25 people serve the middle school and high school youth programs? Did you know it takes 115 ministry partners to serve in Grace Place, Faith Alive, and Music Alive programs for the children ages preschool through fifth grade? In addition, it takes 20 ministry partners each week to help serve in the kitchen, 55 ministry partners to support Vacation Bible School and 75 to make the Christmas program such a success.

On a monthly basis, it takes 80 ushers for all of our worship services, 42 media technicians to provide the sound, lights and projection and 29 offering counters. There currently are 12 ministry partners working as proofreaders and special projects workers and 25 people assisting the business office with various administrative work.

This is not to mention, all the teams in the Worship Ministry, the Care Night leaders, Bible study leaders, Stephen's Ministers and Leaders, transportation, nursery workers and greeters. And this list is not comprehensive! There are many opportunities to serve, we encourage you to jump in to use your God-given gifts.

Full-time staff:

Rev. Ronald Burcham

Senior Pastor rburcham@gloriadeionline.com

Rev. Tim Phillips

Director of Congregational Care tphillips@gloriadeionline.com

Rev. Philip Robarge

Director of Adult Ministry probarge@gloriadeionline.com

Mr. Bill Jesse

Executive Director bjesse@gloriadeionline.com

Mrs. Karen Kennedy Director of Publicity & Promotion karen@gloriadeionline.com

Mr. Tim Kightlinger Director of Youth Ministry tim@gloriadeionline.com

Mrs. DeAnn Haas McCue

Director of Family Ministry deann@gloriadeionline.com

Mr. Chris Onsrud

Director of Media Ministry chris@gloriadeionline.com

Mr. Brandon Simpson

Facility Manager brandon@gloriadeionline.com

Mrs. Diane Schmidt

Front Desk Administrative Assistant diane@gloriadeionline.com

Mrs. Jo Lynn Yeutsy

Director of Tiny Treasures Preschool jolynn@gloriadeionline.com

Part-time staff:

Mrs. Lisa Gibson

Adm. Assistant to the Youth Director lisa@gloriadeionline.com

Mrs. Elaine Klinefelter

Kitchen Manager

elaine@gloriadeionline.com

Mr. Steve Kowbel Interim Worship Leader skowbel@gloriadeionline.com

Mrs. Barb Kramer

Administrative Assistant barb@gloriadeionline.com

Mrs. Martha Raecker

Admin. Assistant to Tiny Treasures martha@gloriadeionline.com

Mrs. Laura Rath

Assistant to the Senior Pastor laura@gloriadeionline.com

Mrs. Penny Schramm

Assoc. Director of Children's Ministry penny@gloriadeionline.com

Mrs. Jill Schultz

Administrative Assistant jill@gloriadeionline.com

Mrs. Shari Smith

Accounting Manager shari@gloriadeionline.com

Assoc. Director of Worship Ministry gale@gloriadeionline.com

Governing Board:

govboard@gloriadeionline.com

Sacrament of Holy Baptism

The Sacrament of Holy Baptism Sunday, Jan. 31 during the 9 a.m. worship service in the Sanctuary is for:



Jack Edward Albrecht born on Nov. 21, 2009 to David and Holly (nee Miller) Albrecht. Jack's spiritual sponsors are Orion and Heidi Denbeste and Cole and Jenny Adair.

Flower Chart for 2010



The flower chart for 2010 is on the LWML table located in the narthex. If you wish to provide an arrangement for a given Sunday and occasion, please sign the book; the cost is \$50 for an arrangement. If you have any questions, contact the church office at 276-1700.

Giving Statements Mailed

The final 2009 giving statements were mailed Jan. 20. If you have not received one or if you have questions, please call Shari Smith at 276-1700, ext. 202.

Servers

Jan. 30 and 31: Officiant/Liturgist:

Northwind (FLC): Rev. Philip Robarge

7:45 a.m. (Sanctuary): Rev. Philip Robarge

9 a.m. (Sanctuary): Rev. Philip Robarge

9 a.m. (FLC): Rev. Tim Phillips

10:30 a.m. (Sanctuary) Rev. Philip Robarge

Preacher:
Rev. Philip Robarge

Organist: Lynn Hays Acolytes:

7:45 a.m.
Jordan Nicolet

9 a.m.
Maddie Pals

10:30 a.m. Carly Kinning

Elders:

Devin Wren Ken Meythaler Gary Wasko

Ushers: Northwind

Mike Mazza Tim Mueller Jim Riddle Peg Riddle 7:45 a.m.

Bruce Amendt Arlyn Hesse Jim Johnson Dick Mueller Ken Wunsch

9 a.m.

Greg Haessler
Rich Johnson
Doug Kumm
Jim Miles
Jeff Monson
David Morrison
Chad Oehlert

9 a.m. (H3) Dan Johnson

10:30 a.m.

Dennis Appelhons Doug Bass Kevin Kelley

Scripture Readings: Ephesians 4:1-16 and Matthew 5:43-48 (NIV)

Prayers

Blue prayer request cards are beneath the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pastor Phillips in the church office, 276-1700, or Diane Young between 9 a.m. and 5 p.m. at 993-3870 with your request.

Thanksgivings

- For blessings received
- · For our families

Prayers

- For Paul Enger, who is recovering from surgery
- For Tom Westby who will have surgery on Monday
- For the health concerns of Carol and Wendell Dickey
- For the health of Alice Wegner
- For the health of Matt Williams, a friend of Melinda Hubbard
- For the strength and growth of baby Brady Aben
- For the recovery and healing of the people and the land in Haiti after the earthquake
- For the nephew of Roxi Evans-Guilloz, Troy, who is battling cancer
- For Zac Duncalf and his caregivers
- For missionary Steve Lutz

Prayer ministry team

If you are interested in joining the prayer ministry team, please e-mail Pastor Phillips at: tphillips@gloriadeionline.com with your name, e-mail address and phone number.

Gloria Dei Chorale needs you!

The Gloria Dei Chorale, a choir which sings during the traditional services, is looking for more voices. They also sing during Holy week and Easter services. They have fellowship and fun as they lift their voices to God. Rehearsal is on Wednesdays at 6:30 p.m. in the Sanctuary. If you have any questions, please e-mail Gale Webb at gale@gloriadeionline.com.

Mercy Hospice

Mercy Hospice is in need of volunteers during the day to visit with patients, give caregivers a needed respite and occasionally provide transportation to doctor's appointments or assist with errands or household tasks. They also have a crew of volunteers at the twelve-bed hospice in Johnston. If you can imagine yourself listening, you might be a Mercy Hospice Volunteer. If you can imagine yourself lending a hand, you might be a Mercy Hospice Volunteer. If you can imagine yourself speaking words of encouragement, you might be a Mercy Hospice Volunteer. For more information on how you can participate in the rich and deeply satisfying work of helping others live until they die, and die with dignity, contact Mary Kay Casey, Volunteer Coordinator at 643-6147.

Scrapbook Fellowship

It's that time again! Join us for Scrapbook Fellowship Friday, Feb. 12 from 8:30 a.m. to 11 p.m. and Saturday, Feb. 13 from 8:30 a.m. to 5 p.m. in rooms 131/133. Come when you can; leave when you must. We go out for lunch about 11 a.m. and supper about 5:30 p.m. If you have any questions, contact Deb Kesse at 251-8324.

Childcare: If you need childcare, contact Carol Wenndt by Wednesday, Feb. 10 at 306-4352 (phone or text) with the date, times (start and finish) as well as the number of children.



Diana's Angels

Diana's Angels will meet at Hope Lutheran, 3857 E 42nd St., Des Moines on Tuesday Feb. 16 at 6:30 p.m. to help make patterns and assemble packets to be distributed to our seamstresses.

If you would like to offer your time and talents to Diana's Angels as a seamstress, please contact Lois Cole at 288-1250 or Michele Banwart at 201-5174.

Book club

Gloria Dei's book club is an informal discussion group of Christian books, which meets the first Wednesday of the month from 6:15-7:15 p.m. in the cry room.

Feb.3 - "Worth a Thousand Words" by Stacy Hawkins Adams.

March 3 - "The Long Way Home" by Andrew Klavan

Want to know more? Contact Heather Schmitz at 371-5875 or hlschmitz@mchsi.com.

LWML Circle

Prayer Service

The combined Des Moines East and Des Moines West Circuits will have a LWML prayer service on Saturday, Feb. 13 at Shepherd of the Valley Lutheran Church, 3900 Ashworth Road, West Des Moines. The doors will open at 9:30 a.m. and the service will begin at 10 a.m.

Mary Esther Circle

Mary Esther Circle will meet Thursday, Feb. 11 at 9 a.m. at the home of Melva Wenndt, 3601 Western Hills Drive, West Des Moines.

Rebekah Circle

Rebekah Circle will meet Thursday, Feb. 11 at 7 p.m. at the home of Peg Riddle, 1661 NW 96th St., Clive.

Ruth Circle

Ruth Circle will meet Monday, Feb. 8 at 7 p.m. at the home of Leanna Hansch, 5011 Lower Beaver Road, Des Moines.

Kitchen ministry

The kitchen ministry partners are hosting a Pampered Chef/Tupperware party Sunday, Jan. 31 from 8 a.m. to noon, to raise funds to replace the countertop on the north side of the kitchen.

30 Hour Famine

More than 840 million people around the world don't have enough to

eat. Annually, more than nine million children under the age of five die from disease and malnutrition as a result of hunger. But world hunger is 100 percent preventable and youth

aga soli

from Gloria Dei are once again ready to be a part of the solution.

On April 9-10, they will be joining the efforts of hundreds of thousands of young people all over the nation who will set aside the usual "stuff" that fills their daily lives. Instead, they will go without food for 30 hours to get a taste of what the world's poorest children and families face everyday.

This year, the youth have set a goal to raise more than \$15,000. They will be collecting monetary donations in the narthex from March 27-28 and April 10-11. Meanwhile, please keep them in your prayers as they organize for this powerful spring event.

How to be involved today:

Youth and parents: Turn in your registration by Tuesday, March 9.

Adults: If you are interested in helping during the event, contact Kim Phillips at tnk4jc1@msn.com.

Pray: Keep the youth and adults in your prayers as they organize for this powerful spring event.

Give online today: We now have the capability to receive 30 Hour Famine donations online, simply go to our Web site and click on donate now button.

Thank You

Thank you for allowing us to use the gym for Mt. Olive basketball practice and games. We really appreciate being able to have "home games." There was a day right before Christmas break when some kind soul from the kitchen left several bags of cookies for our basketball players to enjoy. Again, your kindness was greatly appreciated! ~ Mrs. Amy Voss and the boys' and girls' basketball teams of Mt. Olive Lutheran Church and School.

Honduras Mission

Christmas cards

Please bring in your recycled religious Christmas card fronts to be used for evangelism for the Honduras Mission trip.

Vitamins

Please drop off children's and prenatal vitamins to the Honduras bin in the narthex. Thank you for your support, it helps to improve the health of the children and women in Honduras.

Donations

Make a monetary donation to the team.

Women of Faith Conference

Women of Faith "Over the Top" conference



will be held at Veterans Memorial Auditorium, Friday, March 12 from 10 a.m. to 3:30 p.m. and from 7 to 9:30 p.m. and Saturday, March 13 from 9 a.m. to 4 p.m. We

have discounted tickets for \$79 (regular price is \$99), which includes lunch on both days.

To register, simply go to our Web site at gloriadeionline.com and click on the Women of Faith link to:

- 1. Register for the conference.
- 2. Wait to receive a confirmation e-mail.
- 3. Log in again to pay for the conference.

Register today to reserve your ticket. If you have any questions, please call the church office at 276-1700.

Let's get to know the heart behind the Adult Ministry

The Adult Ministry aligns itself to Gloria Dei's G.R.A.C.E. Vision, specifically in regards to growing spiritually: Gloria Dei will be a place of tremendous growth. Through dynamic relevant worship, excellent teaching, and the countless opportunities that come from an ever-growing congregation, people will grow in their faith and commitment to God.

Pastor Robarge is on a quest—he wants all adults to grow in the Lord, and he isn't resting until he sees the Adult Ministry landing in the growth path. Besides the adult opportunities that are already in place, he is exploring

different and creative ways to help adults get there. Take this month for example, he has been collecting information to help people easily get involved in a small group, organizing Women's Bible Connections, teaching Tuesday and Wednesday Bible studies, overseeing other adult social opportunities, writing the Constructive Conflict discussion questions and preaching a couple of sermon messages.

"I want people to build relationships here at Gloria Dei," said Pastor Robarge.

"Relationships are what build strong ties and create a strong community of believers. This is foundational to our understanding of church.

"I also want to see people utilize their God-given talents and abilities in service to God. I am encouraged by the amount of selfless giving that goes on during the week. We have multiple ministry partners who are here every day, helping in the office, kitchen, preschool and so many other places. I appreciate how this church is powered by people who do the vital work to keep it running smoothly.



Pastor Robarge working to create opportunities that help adults grow in their faith.

A native of Arizona and a son of a Lutheran pastor, Pastor Robarge was installed at Gloria Dei last July as Director of Adult Ministry and Associate Pastor. He loves being with his family—his wife Heather, Kaitlyn, 9, Tyson, 7; and his

adopted-daughter, Laura, and her husband, who are expecting their first child. "They love and encourage me in everything that I do. Spare time is spent with them and we try to do something fun together. So we play games, take walks, laugh and joke with each other," said Pastor Robarge.

As an avid reader, he enjoys books such as "Axiom," by Bill Hybels, and "The Prodigal God" by Tim Keller. Of course, his main focus is reading the Bible, especially when questions are raised from his reading that cause

him to thoroughly search the Scriptures. Recently he read "Sticky Church," by Larry Osborne, which had a profound effect on him because of Osbourne's compelling explanation of the benefits of small groups—to produce authentic relationships that help people grow in their faith. This thought has further ignited him in his efforts to provide more small group opportunities. In the next few weeks, more information about the concerted effort to connect people into small groups will be announced.

"I am excited to see God energize his church and to see his people grow spiritually," said Pastor Robarge.

Women's Bible Connections

If you were unable to attend last Monday's sessions, it's not too late to join the fun this Monday.

Mondays, at 9:30 a.m.

Galatians Study• Breaking Free by Beth Moore • Fearless by Max Lucado

Mondays, at 6:30 p.m

Breaking Free by Beth Moore • Fearless by Max Lucado • Becoming More Than a Good Bible Study Girl by Lysa Terkeurst • Salt in the Melting Pot

Childcare will be provided at both sessions. Questions: contact Pastor Robarge at 278-5544, ext. 224.



Small Groups

If you have not filled out the small-group survey, please do so today. Extra copies are at the Information Center.



Haiti Relief: As Christians, what can we do?

Since the church is to be the light and hope of the world, let's collectively give what we can to help the Haitians who are in desperate need.

1. Pray

Pray for the coordination and efficiency in the immediate recovery

efforts; specifically that water, food and medical treatment reaches those in need.

Pray for the safety of people now living on the streets.

Pray for the families who have had many members die.

Pray for law and order to reign.

2. Give Financially

Other than prayer, the best thing to

give at this time is a donation to a reputable organization where they will



provide the necessary items of water, food, shelter and medical care. For your convenience, Gloria Dei will accept donations via Vanco, the online bank currently used for Simply Giving and credit card transactions. After funds are collected, we will send a check to LCMS World Relief/Human Care. Please note, your contributions will be reflected on

your year-end summary statement and Thrivent will match the funds contributed by Thrivent members. For more giving options, please go to our Web site.

3. Volunteer

Meals from the Heartland (MFHL), a local non-profit organization, will package meals to be sent

to Haiti in February. We are currently organizing members to sign up to be on teams to help package the meals on Monday, Feb. 22. If you are inter-

Let's package meals together!

Monday, Feb. 22.

To register go to our Web site.

ested in joining Gloria Dei's team, go to our Web site. We will contact you with more specific information as soon as it unfolds.

Since MFHL only purchases ingredients based on available cash funds, they are requesting cash donations for the Haiti relief fund. A gift of \$25 will provide 166 meals or feed approximately 8 children for a month. If you are interested in donating for February's packaging event, please go to Gloria Dei's Web site and click on the Meals from the Heartland link.



What is the history of Meals from the Heartland?

The inspiration for Meals from the Heartland began with a 2007 food packaging event held by Kids Against Hunger and sponsored by Lutheran Church of Hope in West Des Moines. The success of that event encouraged leaders to organize a community-wide event that would involve more volunteers who could package more meals to feed hungry children and families around the world. In September 2008, 12,000 volunteers packaged more than 4 million meals.

Is Meals from the Heartland affiliated with a religious organization?

No, Meals from the Heartland is not affiliated with any one religious organization. It is an effort that welcomes the entire community, including businesses, organizations, schools, churches, individual and families. Meals from the Heartland works to bring diverse communities together in an effort to provide food to the hungry around the world.

What ingredients are in the food package?

Meals from the Heartland food packages contain rice, textured soy, dried vegetables and vitamins. Each package costs approximately 15 cents. The packages were formulated by a nutritionist to be accepted by many cultures around the world. When cooked in boiling water, the rice expands, the soy adds protein and the dried vegetables and vitamin tablet provide additional micro nutrients.

Information supplied by Meals from the Heartland and From Lutheran Church of Hope Web site.

Spring Break Vacation Bible School

Monday, March 15 to Thursday, March 18 from 9-11:30 a.m

High Seas Expedition is awash with fun. Each day, kids participate in small groups, called Crews, and dive



into the Bible! Not only will they experience amazing Bible adventures but they'll also watch for God in everyday life. You and your kids will discover that God is active in our lives and that his fingerprints are everywhere!

High Seas Expedition is filled with incredible Bible-learning experiences kids will see, hear, touch, and even taste! Bible Point crafts, team-building games, cool Bible songs, and tasty treats are just a few of the High Seas Expedition activities that help faith flow into real life. Get ready to embark on a journey that will change your children forever.

Ministry partners needed: We need lots of help to create this ocean of fun and learning. To sign up or if you have questions, contact DeAnn or Penny at 276-1700.

Mark your calendars. Registration will open soon.

Grace Place special offering

All Grace Place offerings collected will go toward the Lutheran World Relief for aid in the Haiti earthquake. Every penny will help.

Soles for Souls in Haiti

A note from Jo Lynn Yeutsy, Director of Tiny Treasures Preschool

I'm sure we would all agree that we have had our share of rough times this winter, but seeing all of the suffering of our brothers and sisters in Haiti, certainly puts things in perspective. During times like this, we have a desire to help, but don't always know how. Soles for Souls is a shoe charity that donates shoes to adults and children in need. The charity has committed to donating one million pairs of footwear to victims of the earthquake in Haiti.

If you have used children's or adult's boots or sneakers, please consider donating them to Soles for Souls. We will have a large box in the entry way of the preschool where you can place your used shoes. We will then deliver to a collection site that will send them to Haiti. We will also be talking to the children about the importance of helping those in need. Thank you.



Wednesdays from 5-5:45 p.m.

Feb. 3 Sloppy Joes

Feb. 10 **Deli Night**

Feb. 17 Taco/Enchiladas

\$4 per adult \$2 per child or youth (2 and under eat free)



All Youth and Families

Dinner Theater

"The Love Liner," an interactive dinner theater will be held April 23, 24 and 25. Join the youth as they cruise the Hawaiian islands in this sizzlin' hot play.

Rehearsals (Pirate scene only:) Sunday, Jan. 31, 12-1 p.m.

Adults needed: Adult help is needed with set construction and costuming as we transform the Youth Center into a cruise liner; and the cast into pirates, nuns, and ship personnel. Anyone interested, please contact Tim by Sunday, Feb. 7.

Junior and Senior High

30 Hour Famine

This event held April 9-10, 2010 helps us to understand the plight of hunger in the world.

Registration is required; register today. You must turn in your registration in order to receive your packet. The deadline to register is Tuesday, March 9. If you are interested or have questions, contact Tim Kightlinger or Kim Phillips.

Junior and Senior High

Urban Plunge - Jan. 29-31

The youth group is in Omaha this weekend serving on the Omaha Urban Plunge; please pray for safe travel and for a weekend filled with great learning.

Junior High Grades 6-8

Sunday: Castaway

We will offer a junior high educational time, Castaway, Sundays at 9:20 and 10:50 a.m. Castaway is a high-energy, multi-sensory active learning environment.

"Risky Business - Life is too Short to Play it Safe" Jan. 30-31: "Joshua"

Feb. 6-7: "Me, Myself and I"

Wednesdays: Confirmation

Confirmation sessions meet Wednesdays from 6-7:15 p.m.

Mission opportunity

Saturday, Feb. 6 from 12-2:45 p.m. Join us at the Urbandale Food Pantry, 7611 Douglas Ave., Suite 31, as we help to stock the food pantry's shelves. If interested, please sign up at the youth bulletin board by Jan. 31.

Parents: If you would like to help with this event, call Tim today.

Senior High Grades 9-12

Sunday mornings

Sundays from 9-10 a.m. Join us as we discuss and study relevant issues for high school youth.

The Point

Wednesday evenings at 6 p.m. in the Youth Center is a time when senior high students can gather with friends and study, discuss and experience some hot topics from the Bible that are relevant to teens today.

Feb. 3: "Activate"

Ouestions? Comments?

Contact Tim Kightlinger at tim@gloriadeionline.com

Week of Jan. 30-Feb. 6, 2010

Saturday, Jan. 30

8:30 a.m. Gloria Dei Quilters

9:00 a.m. Children's Basketball Program4:00 p.m. Northwind Worship Rehearsal5:30 p.m. Northwind Worship Service in

Family Life Center

5:50 p.m. Grace Place

Sunday, Jan. 31

7:45 a.m. Traditional Worship Service in Sanctuary

8:00 a.m. Kitchen Fundraiser

9:00 a.m. Traditional Worship Service in Sanctuary9:00 a.m. H3 Worship Service in Family Life Center

9:00 a.m. Senior High Bible Study

9:10 a.m. Adult Bible Study

9:20 a.m. Castaway 9:20 a.m. Grace Place

9:20 a.m. Lifelight Bible Study9:20 a.m. Worship Team Warm-up

10:15 a.m. Adult Bible Study

10:30 a.m. Contemporary Worship Service in

Sanctuary

10:50 a.m. Castaway 10:50 a.m. Grace Place

12:00 p.m. Dinner Theater Rehearsal

7:00 p.m. AA Meeting

Monday, Feb. 1

8:00 a.m. lowa Department of Education
9:30 a.m. Kindermusik Family Time
9:30 a.m. Women's Bible Connections a.m.
4:30 p.m. Kindermusik Young Child Semester 2

6:00 p.m. Beginning Dance

6:30 p.m. Women's Bible Connections p.m.

6:30 p.m. Men's Basketball

6:30 p.m. Stephen Ministry Training

6:30 p.m. Stephen Ministry Supervision Group

6:45 p.m. Creative Dance

Tuesday, Feb. 2

9:00 a.m. XYZ (Extra Years of Zest) Meeting

1:00 p.m. Staff Meeting

2:30 p.m. Tuesday Afternoon Bible Study
5:00 p.m. Boys Basketball Practice
6:30 p.m. Kindermusik Imagine That
6:30 p.m. Kindermusik Our Time
6:30 p.m. Co-ed Volleyball

7:00 p.m. Women's Bible Study

Wednesday, Feb. 3

10:00 a.m. Kindermusik Family Time10:00 a.m. Pastor Robarge's Bible Study

5:00 p.m. Midweek Meal 5:30 p.m. Music Alive

6:00 p.m. Confirmation Classes

6:00 p.m. Faith Alive

6:00 p.m. The Point - Senior High6:15 p.m. Gloria Dei Alleluia Ringers

6:15 p.m. LEAD Gloria Dei

6:15 p.m. Parenting Families Bible Study

6:15 p.m. Book Club

6:30 p.m. Gloria Dei Chorale

Thursday, Feb. 4

6:30 a.m. Men's Bible Study 10:00 a.m. Joyful Stitchers

2:00 p.m. Children's Celebration Choir

6:00 p.m. Care Night

6:00 p.m. Infusion Rehearsal

Friday, Feb. 5

9:30 a.m. MOM's Club of West Des Moines

6:00 p.m. Junior High Café 923

Saturday, Feb. 6

4:00 p.m. Northwind Worship Rehearsal5:30 p.m. Northwind Worship Service in

Family Life Center

5:50 p.m. Grace Place

Worship (Jan. 16-17)	Attendance	Communion
Northwind	179	123
7:45 a.m.	111	
9 a.m. (Sanctuary)	326	
9 a.m. (FLC)	76	39
10:30 a.m.	420	
Total	1,112	162

Outpouring of Love (Jan. 23-24)			
General Fund Offerings	\$19,650		
Third QTD Offering	\$117,690		
Third QTD Budget	\$113,367		

Scripture Base on Giving:

"Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the LORD Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that you will not have room enough for it." Malachi 3:10-11

Week of Feb 6-13 2010

week of rep. 6-13, 2010					
	Saturday, Feb. 6		Tuesday, Feb. 9 (
	4:00 p.m.	Northwind Worship Rehearsal	6:00 p.m.	Kinde	
	5:30 p.m.	Northwind Worship Service in		Girl S	
		Family Life Center	6:00 p.m.	Urbai	
	5:50 p.m.	Grace Place	6:00 p.m.	Gove	
	Ounday Fa	.h. 7	6:30 p.m.	Kinde	
	Sunday, Fe		6:30 p.m.	Kinde	
	7:45 a.m.	Traditional Worship Service in Sanctuary with Communion	6:30 p.m.	Co-e	
	0.00 a m		7:00 p.m.	Wom	
	9:00 a.m.	Traditional Worship Service in Sanctuary with Communion	Wodpocdo	v Eob	
	9:00 a.m.	H3 Worship Service in Family Life Center	Wednesda 10:00 a.m.	y, reb. Kinde	
	9:00 a.m.	Senior High Bible Study	10:00 a.m.	Pasto	
	9:10 a.m.	Adult Bible Study	5:00 p.m.	Midw	
	9:20 a.m.	Castaway	5:30 p.m.	Music	
	9:20 a.m.	Grace Place	6:00 p.m.	Confi	
	9:20 a.m.	Lifelight Bible Study	6:00 p.m.	Faith	
	9:20 a.m.	Worship Team Warm-up	6:00 p.m.	The F	
	10:15 a.m.	Adult Bible Study	6:15 p.m.	Gloria	
	10:30 a.m.	Contemporary Worship Service in	6:15 p.m.	LEAD	
		Sanctuary with Communion	6:15 p.m.	Parer	
	10:50 a.m.	Castaway	6:30 p.m.	Gloria	
	10:50 a.m.	Grace Place	•		
	12:00 p.m.	Dinner Theater Rehearsal	Thursday,		
	1:00 p.m.	Third Grade Girl Scouts	8:00 a.m.	Chris	
	7:00 p.m.	AA Meeting	6:30 a.m.	Men's	
	•	· · · · · · · · · · · · · · · · · · ·	10:00 a.m.	Joyfu	

Monday, Feb. 8

9:30 a.m.	Kindermusik Family Time
9:30 a.m.	Women's Bible Connections a.m.
4:30 p.m.	Kindermusik Young Child Semester 2
6:00 p.m.	Beginning Dance
6:00 p.m.	Urbandale Swim Club
6:30 p.m.	Women's Bible Connections p.m.
6:30 p.m.	Men's Basketball
6:30 p.m.	Stephen Ministry Training
6:30 p.m.	Stephen Ministry Supervision
6:45 p.m.	Creative Dance

Tuesday, Feb. 9

1:00 p.m.	Staff Meeting
2:30 p.m.	Tuesday Afternoon Bible Study
5:00 p.m.	Boys Basketball Practice

(continued)

• •	
6:00 p.m.	Kindergarten and Second Grade
	Girl Scouts
6:00 p.m.	Urbandale Community
6:00 p.m.	Governing Board Meeting
6:30 p.m.	Kindermusik Imagine That
6:30 p.m.	Kindermusik Our Time
6:30 p.m.	Co-ed Volleyball
7:00 p.m.	Women's Bible Study

o. 10

10.00 a.m.	Kindermusik Family Time
10:00 a.m.	Pastor Robarge's Bible Study
5:00 p.m.	Midweek Meal
5:30 p.m.	Music Alive
6:00 p.m.	Confirmation Classes
6:00 p.m.	Faith Alive
6:00 p.m.	The Point - Senior High
6:15 p.m.	Gloria Dei Alleluia Ringers
6:15 n m	LEAD Gloria Dei

enting Families Bible Study

ia Dei Chorale

• .	
8:00 a.m.	Christ for the City Meeting
6:30 a.m.	Men's Bible Study
10:00 a.m.	Joyful Stitchers
2:00 p.m.	Children's Celebration Choir

6:00 p.m. Care Night 6:00 p.m. Infusion Rehearsal 6:00 p.m. **Urbandale Community**

Friday, Feb. 12

8:30 a.m. Scrapbook Fellowship 9:00 a.m. **Honor Guard Practice**

Saturday, Feb. 13

8:30 a.m.	Scrapbook Fellowship
9:00 a.m.	Outreach Workshop
4:00 p.m.	Northwind Worship Rehearsal
5:30 p.m.	Northwind Worship Service in
	Family Life Center with Communion
5:50 p.m.	Grace Place

Educational Attendance				
	Sat. 5:50 p.m.	Sun. 9:20 a.m.	Sun. 10:50 a .m.	Wednesday
Preschool	9	18	29	16
Elementary	30	57	56	113
Total Children	39	75	85	129
Junior High	1	17	17	84
Senior High		13		27
Total Youth	1	30	17	111

Welcome to Gloria Dei! We are glad you are here!

If you are new to Gloria Dei, welcome! Please take some time to get to know us. We have lots of programs and activities for you and your family. If you have any questions, please ask any of our members or stop by the Information Center.

Weekend Worship Services

Northwind Contemporary Worship Service

Saturdays at 5:30 p.m. in the Family Life Center: This come-as-you-are service offers high-energy worship. Families are encouraged to worship together; children will be invited to an educational time 20 minutes after worship begins.

Traditional Worship Service

Sundays at 7:45 a.m. in the Sanctuary: Join us in this classical Lutheran worship service that utilizes all three liturgies from the new Lutheran Service Book.

Traditional Worship Service

Sundays at 9 a.m. in the Sanctuary: Our classical Lutheran worship makes use of written and free-flow liturgy with traditional hymns. Families are encouraged to worship together; children and youth will be invited to an educational time 20 minutes after worship begins.

H-3 Family Worship Service

Sundays at 9 a.m. in the Family Life Center: This casual atmosphere where families are encouraged to worship with lively hymns and praise music. Families are encouraged to worship together; children and youth will be invited to an educational time 20 minutes after worship begins.

Contemporary Worship

Sundays at 10:30 a.m. in the Sanctuary: This service offers high-energy worship using contemporary Christian songs and praise music. Families are encouraged to worship together; children and youth will be invited to an educational time 20 minutes after worship begins.

Other Important Items

Nursery

Infants to age 3. Located on the lower level with access through the doors in the narthex. The nursery is staffed during all worship services for children ages 3 and under at no cost to the parent.

Cry room

Located in the southwest corner of the narthex is a room with a full view of the Sanctuary for parents to take their small children when they are upset or crying.

Communion

Communion is offered on the first and third Sundays of each month during the services in the Sanctuary and the second and fourth Saturdays and Sundays during the services in the Family Life Center.

A note to our guests and visitors: The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/or physical needs of members or visitors, non-alcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine. In addition, gluten-free wafers are available, please alert the elders before the service if possible.

Weekly Bible Reading: Matthew 5:43-48

You have heard that it was said, 'Love your neighbor and hate your enemy.' But I tell you: Love your enemies and pray for those who persecute you, that you may be sons of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. If you love those who love you, what reward will you get? Are not even the tax collectors doing that? And if you greet only your brothers, what are you doing more than others? Do not even pagans do that? Be perfect, therefore, as your heavenly Father is perfect.

Gloria Dei Weekend Worship Times

Saturday Evening: 5:30 Northwind Contemporary

Sunday Morning: 7:45 Traditional • 9:00 Traditional • 9:00 H3 Service • 10:30 Contemporary

Grace Place: Saturday at 5:50 p.m. and Sundays 9:20 and 10:50 a.m.

Staffed nursery from 8 a.m.-noon